

CASE STUDY

IPR Management in Clear Aligners Therapy



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Interproximal space management is a very important issue in clear aligners therapy. This case presented crowding in upper and lower arches. It was treated with clear aligner therapy through a digital planification.

The interproximal reduction (IPR) was carefully planned. The multiple thicknesses of FitStrip™ allowed IPR to be performed with predictability and control. The patient reported excellent comfort during the procedure, better than what was reported with traditional strips.



Fig 1, 2 and 3. Initial situation, upper and lower arch.



Fig 4-7. Digital planification, before (4 and 5) and after (6 and 7). Numbers refer to IPR required



Fig 8. Use of FitStrip™ for IPR.



Fig 9. Clear aligners in place.



Fig 10 and 11. Direct composites on incisal edges.



Fig 12 and 13. Final result in upper and lower arch.